The Courage to Heal
Ellen Bass & Laura Davis
Harper Perennial
ISBN: 0-06-056066-8
www.harpercollins.com

The Courage to Heal is a sensitive, sensible and practical handbook that offers good sound help and encouragement to survivors of abuse but it is a beautiful book for survivors of any trauma or traumatic event, many of the sections and suggestions can be applied to all forms of abuse, emotional, physical, verbal and mental.

The Courage to Heal is easy to read and is written in a clear user-friendly dialogue. It has seven sections, which take you through the healing process step by step. You can dip in and out of this book and easily break it down into manageable chunks if, emotionally, you feel daunted by reading it in its entirety.

This book will give positive reassurance to any sufferer and hope for the future.

The Courage to Heal Workbook
Laura Davis
Harper Perennial
www.harpercollins.com

The Courage to Heal Workbook is the companion book to accompany The Courage to Heal and introduces practical and common sense exercises, checklists, art projects, writing and open ended questions to assist an abuse or trauma victim through a sensitive healing programme.

The two books can work in tandem or stand-alone.

Both books are excellent.

Baj & The Word Launcher: space age adventures in communication
Pamela Victor
Jessica Kingsley Publishers
www.jkp.com

A unique and fascinating approach to language and communication skills through story telling. This book can be read independently by children or with the help of an adult. I feel it could have a profound impact on all children with communication problems as well as children who are immature socially and emotionally. Throughout the book “Step & Think” questions prompt the reader/user to explore feelings, emotions and reactions to a variety of events throughout the story thus encouraging a greater understanding of theirs and others feelings, body language and situations.

This book is a great tool for many communication disorders and difficulties not just Aspergers Syndrome.

Gifted Children: a guide for parents and professionals
Edited by Kate Diggin
Jessica Kingsley Publishers
ISBN 1-84310-439-3

A useful practical and well written informative book written by 10 authors who for many years counselled gifted children and their families for the National Association for Gifted Children until the counselling service closed in 2005. All have first hand experience of giftedness; either being gifted themselves or having children or grandchildren who are gifted.

Section one deals with the practicalities of giftedness in the home and school
Section two with giftedness and special needs and talents
Section three deals with living with giftedness from the child and parents perspective

This book is available direct from NAGC, please see order form.